



The Barn Senior Nutrition Center Newsletter

231 Civic Drive Schaumburg, Illinois 60193

For more information call (847)524-7496



ACTIVITIES AND EVENTS

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SOCIAL SATURDAY WITH THE ROTARY CLUB OF SCHAUMBURG/HOFFMAN ESTATES



The **Village of Schaumburg Senior Program** at the Barn hosts a monthly Social Saturday Party. Through the generous yearly grant donation from **THE ROTARY CLUB OF SCHAUMBURG AND HOFFMAN ESTATES**, these events are able to be offered at a low cost. Each month food is ordered from a local restaurant. This month, participants enjoyed a choice of a hamburger or cheeseburger, fries, and coleslaw from Culver's. Lunch was topped off with vanilla ice cream paired with a delicious chocolate sauce. The day was filled with meeting new friends, a friendly game of bean bag toss, and companionship followed by the participants favorite past time, BINGO!

SPRING MENU

We welcome you to come in and try our new Spring menu starting in April. Be on the lookout for delicious fresh salad bars on **Thursdays**. Along with the lunch special, activities are available as well.



Sign-up at the front desk or call the Barn directly to come in for lunch and join us for the special activities!

An April Birthday Wish!



A very **HAPPY BIRTHDAY** to all those who wish to hide behind the years. Your longevity of living has inspired others and brought much cheer. It is well known that you have given of yourself and to many, gifts. And your well-lived life is responsible for providing many uplifts!
GOD BLESS YOU TODAY AND ALWAYS!

ALDEN POPLAR SPRING THEMED LUNCHEON

Once a month, Alden Poplar Creek prepares a special meal for the seniors of **The Barn**. Together with gifts for the April birthday celebrants, a delicious meal of baked ham and mashed potatoes was served. Everyone was individually served by the wonderful Alden Poplar Creek staff, which made everyone feel truly special. **A SINCERE THANK YOU!** Our next luncheon with Alden Poplar Creek will be on Monday, May 13th with a Mother's Day theme.



SENIOR SCAM PREVENTION PRESENTATION

This presentation is designed to provide awareness of **scams targeting senior citizens**. Speakers include detectives from the Investigations Division and members of the Crime Prevention Unit of the Schaumburg Police Department. Monday, May 6 @ 10 a.m. Schaumburg Township Library
Contact (847) 923-3347

CASINO TRIP

A Coach bus full of eager seniors left the Schaumburg Barn on a trip to the Horseshoe Casino.



After a bit of playing everyone enjoyed the delicious buffet that offered a variety of different foods.



Attendees enjoyed socializing with friends and meeting new ones.



Everyone was amazed at the array of desserts to choose from at the venue.



The weather was splendid and many took time to enjoy the beautiful view of the lake and boat dock.

TODAY IS THE OLDEST YOU'VE EVER BEEN, YET THE YOUNGEST YOU'LL EVER BE SO-ENJOY THIS DAY WHILE IT LASTS.



~Your kids are becoming you.....but your grandchildren are perfect!

~Going out is good. Coming home is better!

~You forget names.... But it's OK because other people forgot they even knew you!!!

~You realize you're never going to be really good at anything...especially golf.

~The things you used to care to do, you no longer care to do, But you really do care that you don't care to do them anymore.

~You sleep better on a lounge chair with the TV blaring than in bed. It's called "pre-sleep".

~You miss the days when everything worked with just an "ON" and "OFF" switch.

~You tend to use more 4 letter words ... "what?"... "when?"... ???

~Now that you can afford expensive jewelry, it's not safe to wear it anywhere.

~You notice everything they sell in stores is "sleeveless"?!!!

~What used to be freckles are now liver spots.

~Everybody whispers.

~You have 3 sizes of clothes in your closet.... 2 of which you will never wear.

~But Old is good in some things: Old Songs, Old movies, and best of all, OLD FRIENDS!!



Stay well, "OLD FRIEND!"

**It's Not What You Gather, But What You Scatter That Tells
What Kind Of Life You Have Lived**

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EASTER PARTY

It was an "eggs-citing" Easter celebration at the Barn with over 60 attendees. Attendees enjoyed delicious food, special Easter themed raffle baskets, and butterfly party favors (special thanks to Norene L.)



The Easter bunny hopped on over to give all the seniors a very special treat and take pictures!



A good time was had by all who attended.



Special thanks to Sunrise Senior Living for all your donations and efforts!